



**NYU Tel Aviv Spring 2017
Pre-Departure Orientation**

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After reading through this presentation, you should:

- **KNOW** your resources
- **UNDERSTAND** your responsibilities
- **BE READY** to make the most of your time abroad



Things to think about before you go:

Housing Application
Course Registration
Flight & Arrival
Money & Budget Plan
Phones
Health & Wellness Resources
Safety

After you arrive:

**Student Life & Academics Resources
and Policies**
Mandatory Orientation
How to use public transportation
Where/how to get money
Setting up phones
Health & Wellness
Safety

- A city that epitomizes a culture that is both ancient and modern in unique and complex ways
- Ranks third in cities with the most news agencies (after Tokyo and Paris)
- World-class museums and galleries
- Vibrant intellectual scene
- Site of cutting-edge theatre and dance
- Largest number of bio-tech start-ups per capita
- Second largest concentration of high tech first (after Silicon Valley)
- A city of unique architecture: Ottoman, Levantine, Bauhaus, and Modern designs
- LGBTQ-friendly city



- **Walking**

- one of the best ways to get around
- a small city, and incredibly flat

- **Biking**

- rent a bike, or buy a used one
- bike-friendly streets and parks
- have Tel-o-Fun, a city bikeshare program

- **Bus**

- Rav-Kav Bus Card allows you to ride any bus within the city

- **Taxi**

- They exist, but are more expensive



- **Mandatory Arrival: January 23**
 - Housing is only available for the dates of the program (January 23 - May 25, 2017)
 - If you arrive earlier or depart later than the program dates, you must find your own accommodations during those periods
- **Airport Pick-up During the Day**
 - Transportation is provided from Ben-Gurion Airport to Bnei Dan (your Tel Aviv home) on arrival day between 9:00 am- 3:00 pm. Be sure to submit your flight details in the Study Away Confirmation Portal!
 - Talk in the Facebook group, if you want to coordinate your flights!
 - Watch the blog and your email for details
 - An Arrival Cheat Sheet will be provided closer to departure
- **Required** Student Orientation: January 24-29
- **Classes Start: January 30**
- **Student Departure: May 25**





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Site Director*



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*Ido Levy
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*Ilana Goldberg
Internship Coordinator*



*Ben Kazael
Residential & Student
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*Ofer Yakov
Consultant*



NYU Tel Aviv facilities

- Classrooms- NYU courses with local professors
- Administrative offices
- Study lounge, computer lab
- Connected to residence
- Dining area with a kitchenette





- 12-18 Credits - required
- One Language Course Required (cannot be taken pass/fail)
 - Hebrew
 - Arabic
 - Languages of Israel
- Students will also participate in the Global Orientations Program, creating a shared understanding of the historical, political, and social background of the place
- Faculty includes scholars, statesmen, artists, and public intellectuals
- Courses are designed to enable you to engage, learn, experience and personalize your time in Israel
- Library & Writing Resources on site
- Opportunities to take select classes at Tel Aviv University



- Participate in Student life activities
 - Excursions & day trips
 - Homestay Shabbat and holiday dinners
 - Film screenings, music events, etc.
 - Local cooking workshops
- Participate in community service
- Intern as part of the course or for non-credit
- Pursue your hobbies – ask staff!
- TAU Classes



- NYU Tel Aviv gives credit for internships based on 10 weekly hours
- Many students also participate in non-credit internship arrange with help of Tel Aviv staff
- Internship requirements:
 - Attendance in the Internship Course (non-credit will have to attend some, too)
 - Completion of internship review for future interns
 - Mid-semester employer performance evaluation

Questions? global.internships@nyu.edu



- If you take prescriptions regularly, bring a full supply – DO NOT SHIP ANY MEDICATIONS
- Arrange ongoing counseling in advance through the Wellness Exchange (212-443-9999, wellness.exchange@nyu.edu)
- There is counseling available in Tel Aviv, if needed
- For other medical needs, contact the NYU Tel Aviv staff
- All students are enrolled in GeoBlue, an international health coverage plan. DO NOT cancel your domestic insurance.
- 24/7 Crisis Response Available
- Safety: Don't leave your street smarts at home!
- Questions about ongoing medical treatment or resources in Tel Aviv, contact Eran Rothshenker (nyu.in.telaviv@nyu.edu)



- Students with accommodation needs--academic or otherwise--must contact the Moses Center to register prior to departure; resources and services may differ abroad www.nyu.edu/osl/csd
- Students with disabilities that affect courses or housing and require special arrangements should also inform staff

MOSES CENTER

The Henry and Lucy Moses Center for Students with Disabilities provides services for students with:

- Hearing and visual impairments
- Learning disabilities
- Mobility impairments
- Chronic illnesses
- Psychological impairments

Location

726 Broadway, 2nd Floor
Monday - Friday, 9:00 AM - 5:00 PM

Contact

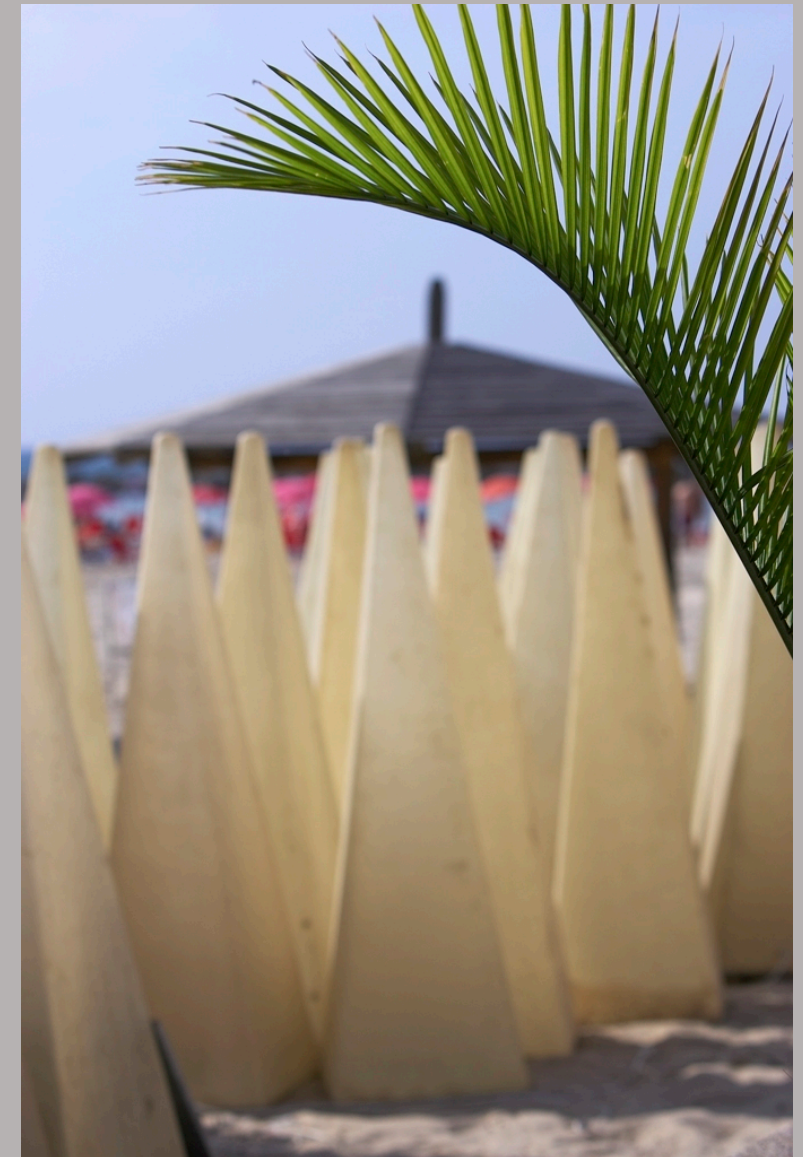
www.nyu.edu/csd
(212) 998 - 4980

Register

- Students must register prior to classes in order to arrange appropriate accommodations
- Students must initiate this process and present documentation



- Skype/Facetime/Google Hangout
 - Great for talking with parents...they get to see your face
- Phone in Tel Aviv is Mandatory
 - Local basic cell phone provided with \$25 credit
 - Unlock smartphone before leaving – get local SIM card with \$25 credit provided
 - We will send out a survey to gather details in the near future
 - After \$25 credit, students are responsible for keeping credit on their phone
- Look into international messaging Apps: WhatsApp, Magic Jack, etc.
- Create a **realistic** communication plan
 - Are you going to talk daily, weekly, or say see you next semester?
 - Home will be here when you get back!



- Most students use their credit and debit cards – exchange rates are favorable, but contact your bank about fees
 - Let your bank know you are traveling!
 - There are daily & weekly withdrawal limits
- Figure out how much money you will have
 - Working abroad may not be an option;
how much can you save before going?
- Take advantage of NYU Tel Aviv trips & excursions!
- Consider ALL of your expenses
 - Airfare, food, toiletries, medicine, laundry, spring break trips, etc.
- Buy or rent a bike to get around...or walk!



- Choose times when you are SURE you don't have academic obligations. **You cannot miss class for travel or guests.** (hint: you will not know your final schedule until arrival)
- Unexcused absences will negatively impact your grade.
- Take advantage of NYU Tel Aviv trips
 - Hikes through the Golan Heights
 - Tours of the Old City of Jerusalem
 - Trip to the Negev Desert
- Use the break to travel to farther destinations
 - Turkey, Ruins of Petra in Jordan, Europe
- Do research
 - Ask staff and friends
- Register with NYU Traveler
- Get to know your city and country



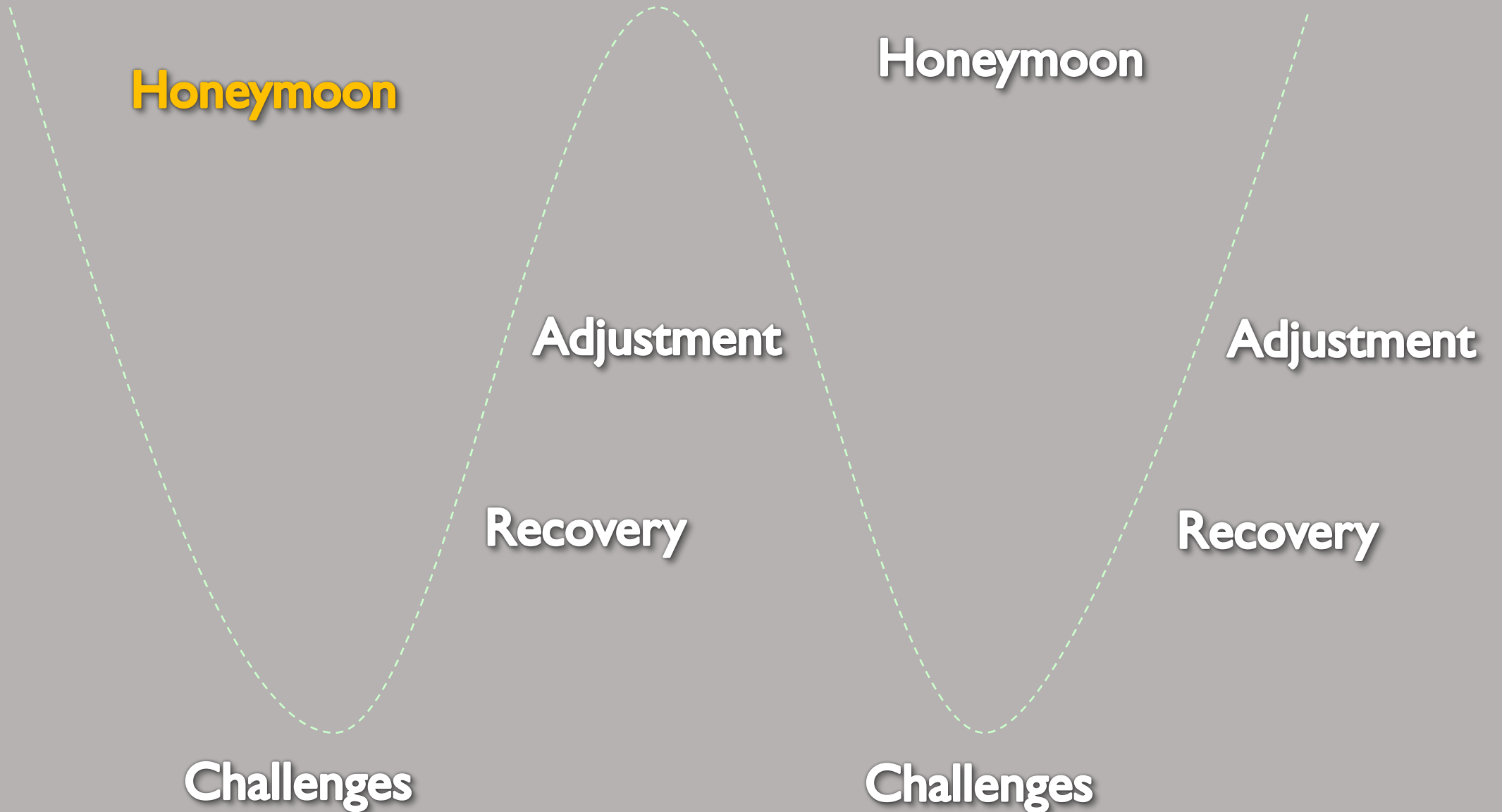
- All students must live in NYU Tel Aviv housing
- You will submit housing preferences in the Study Away Confirmation Portal (due November 18)
- Newly-built housing, near Ha-Yarkon Park
- Walking distance to Tel Aviv Port
- Private bathroom, air-conditioning, and wireless
- Most rooms are doubles. Two single rooms.
- Two Community Resource Assistants
- Roommate selection is based on the information you provide in the online forms
- Kitchen equipped for both kosher and non-kosher food preparation (and for other dietary requirements)
(*being considerate and working with peers and staff)
- **If you have any food allergies, please tell the staff in Tel Aviv**
- Communal space available with TV, computers, printer, and academic books
- Housing estimate is the same for all students & does not reflect final cost. Final housing bill will be sent after start of program.



My mom, dad, brother-in-law, sister, boyfriend, grandmother, step-grandfather, girlfriend, best friend, cousin, neighborhood is going to visit me ...

- Always check with roommate before inviting people to stay with you! (and remember that NYU Tel Aviv is conveniently connected to a hostel)
- **Keep in mind you cannot miss class because you have a visitor in town**
- A good time for guests is mid-way through the semester
- Overnight guests must register at front desk of B'nei Dan.
 - 50 ILS per night





The curve on the previous slide is from http://internationaloffice.berkeley.edu/cultural_adjustment.

Adapting to a new environment takes time and the pace of transition varies from person to person. The typical pattern of cultural adjustment often consists of distinct phases: Honeymoon, Challenge/Conflict, Recovery, and Adjustment. This is illustrated by the “W” curve (and notice it continues after you return). This is not a one-size-fits-all model, but a way for you to be aware that it’s okay to have ups and downs during study away. And to make sure to think about what is supportive you in such a process...or to ask someone to talk about it.

The Honeymoon Phase:

Excitement, optimism and wonder you may be experiencing now and right when you arrive. While differences are observed, students are more likely to focus on the positive aspects of the new environment.

Challenges and Conflicts:

This what is often termed as “culture shock,” which we may understand as anxiety and feelings (of surprise, disorientation, confusion, etc.) when people have to operate within an entirely different cultural or social environment. You may experience this because you have trouble understanding the new culture and how it relates to your culture and social identities. Culture shock does not necessarily occur suddenly, but may gradually begin to affect a person's moods over time. Having a strong level of self-awareness can help ease culture shock.

The Recovery & Adjustment Phases:

Recovering from culture shock is handled differently by everyone-we each have our unique circumstances, background, strengths and weaknesses that need to be taken into consideration. With time and patience, we can experience positive effects of cultural adjustment, like increasing self-confidence, improved self-motivation and cultural sensitivity. As you gradually begin to feel more comfortable in and adjusting to the new environment, you will feel more like expanding your social networks and exploring new ideas. You will feel increasingly flexible and objective about your experience, learning to accept and perhaps practice parts of the new culture, while holding onto your own cultural traditions.



- ❖ **Support your peers** when they're in need
- ❖ **Develop relationships** with people different than yourself
- ❖ **Take responsibility to educate yourself** and do your OWN research
- ❖ **Expand your knowledge and awareness** of both domestic and global social issues

- ❖ Learn what it means to have **privilege based on your social identities and social location**
- ❖ Be sincere in your efforts and operate with integrity; **recognize your impact**, not just your intentions; lean into discomfort
- ❖ Educate others, including **speaking out against oppressive language and behavior**

RESOURCES

- Visa Questions: OGS.outbound@nyu.edu
- Registration Questions: global.academics@nyu.edu



Thank you!

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